Semester: II Department of Physical Education, Basirhat College Session: 2019-20

## Lesson Plan for Course: B.A General (PEDG)Code: PEDGCOR02TCredit: 6

- Course coordinator: GOPAL GURIA
- Course Outcome
  - CO<sub>1</sub>:To learned the basic Knowledge of of Sports Management
  - CO<sub>2</sub>: To learned the Lay out knowledge and officiating of Track events (Practical
  - CO<sub>3</sub>: To learned the basic Knowledge of **Tournaments**
  - CO<sub>4</sub>: To learned the basic Knowledge of Lay out knowledge and officiating of Field Events (Practical
  - CO5: To learned the basic Knowledge of Facilities and Equipment's
  - CO<sub>6</sub>: To learned the basic Knowledge of leadership activities.
  - CO7 To learned the basic Knowledge of Lay out knowledge and officiating of Field Events

## Course planner

Sl	Course Topic	Teacher	Class-hour	Remarks*
JAN	Unit- I: Introduction  1.1. Concept and definition of Sports Management.  1.2. Important of Sports Management.  1.3. Purpose of Sports Management.  1.4. Principles of Sports Management.	G.G	10	
	Lay out knowledge and officiating of Track events (Practical)		06	
FEB	Unit- II: Tournaments  2.1. Tournaments: Meaning and definition and types of tournaments (Knock-out, League, Combination, Challenge).  2.2. Procedure of drawing fixture (Knock-out, League, Combination).  2.3. Method of organising Annual Athletic Meet and Play Day.  2.4. Method of organising of Intramural and Extramural competition.  Lay out knowledge and officiating of Field Events (Practical)	G.G	08	
MAR	Unit- III: Facilities and Equipment's  3.1 Method of calculation of Standard Athletic Track and Field marking.  3.2 Care and maintenance of playground and gymnasium.  Lay out knowledge and officiating of Football & kabaddi (Practical)	G.G	08	

Assessment: Mid-term Test						
APRI	<ul> <li>3.3 Importance, care and maintenance of sports equipment</li> <li>3.4 Lay- out of Play-Field and Basic Rules: Football, Kabaddi, Kho-Kho, Badminton and Volleyball.</li> <li>4.1 Meaning and definition of leadership.</li> <li>4.2 Qualities of good leader in Physical Education</li> </ul>	G.G	16			
	Lay out knowledge and officiating of Kho-Kho & Badminton (Practical)		10			
MAY	Unit- IV: Leadership  4.3 Principles of leadership activities.  4.4 Hierarchy of Leadership in School, College and University level.  4.5 Time Table: Meaning, importance and factors affecting Time Table.	G.G	04			
	Lay out knowledge and officiating of Volleyball (Practical)		06			
JUN	No Class		00			
	No Class		00			
	Assessment: End-term Test		Total: 100 Hrs			